

8.9 CME credits

Science Per Aquam course

diving into VEIN-LYMPHATIC health



Sunday, May 28, 2023
Albarella Island, ITALY

for
professionals
involved in healthcare, rehab & wellness
interested in phlebo-lymphology care

with CME credits



Science Per Aquam



VISION

«**SALUS Per Aquam**» (SPA) too often remains an empirical activity rather than an evidence-based one. Too often synergy among different specialties is lacking in what could be the enhancement of the significant benefits the aquatic environment can bring.

«**Science Per Aquam**» is an academic international initiative focused on scientific data production and dissemination, functioning as a hub around public health education insights, related to the different medicine fields, with a primary attention to vein-lymphatic drainage.

MISSION

SCIENCE Per Aquam mission is achieved by theoretical and practical courses around the world, showcasing a model of **national** and **international** collaboration among different specialties professionals.

Main focus of May 28 event will be **venous** and **lymphatic disease**, in particular regarding the related edema management.

Moreover, an insight in the **technical hydrotherapy aspects** will provide the possibility for the attendees to actively prescribe this useful therapeutic tool.

An active engagement of the **General** and **Multi-specialty Medicine** will allow the enhancement of the learning opportunity, both at a national and international level.

Theoretical and **Practical** sessions will enrich both health care professionals and population knowledge on such an important topic.

ITALIAN CME statement for **PHYSICIANS** (*allergology, immunology, angiology, cardiology, dermatology, endocrinology, geriatrics, diabetology, pneumology, infectious diseases, physiatry, rehab, internal medicine, thermal medicine, aviation & space medicine, sport medicine, neurology, heart surgery, general surgery, maxillofacial surgery, plastic surgery, thoracic surgery, vascular surgery, OBGyn, neurosurgery, orthopaedics, ENT, anesthesia, general medicine, dietology, epidemiology, diving and hyperbaric medicine*)

PHARMACY, PODOLOGY, HEALTHCARE TECHNICIAN, PERFUSIONIST, NURSE, PHYSIOTHERAPIST, DIETOLOGIST, PROFESSIONAL EDUCATOR.

REGISTRATION & info:
info@vwinfoundation.com



09-09.30 coffee & registration
09.30 – 09.45 Opening & Project Rationale
(Gianesini S, Noce F, Vitale M, Boron F)



SUN, May 28

09.45-11.00 VEIN-LYMPHATIC MUST KNOW

MODERATORS: Bottini O (Buenos Aires University, LATAM)

Jindal R (Punjab University, ASIA), Josnin M (French Society of Phlebology, EUR)

Rockson S (Stanford University, USA), Romanelli M (Pisa University, ITALY)

09.45 – 09.55 **Vein Hemodynamics applied to the musculo-skeletal system**

Chi YW (University of California Davis, USA)

09.55 – 10.05 **Lymphology MUST KNOW principles**

Szuba A (Wroclaw University, POLAND)

10.05 – 10.20 Multi-specialty & open discussion

(Borman P (**PHYSIATRY**), Coppola C (**OBGYN**))

10.20 – 10.30 **Graduated compression MUST KNOW principles**

Mo M (Yokohama University, JAPAN)

10.30 – 10.40 **Vein-care Procedural and Pharmacology MUST KNOW principles**

Gianesini S (University of Ferrara, ITALY)

10.40 – 11.00 Multi-specialty & open discussion

(Calò M (**GENERAL MED**), Zanasi A (**PNEUMOLOGY**))

11.00 – 11.20 Coffee Break

11.30 – 13.00 HYDRO-FE AQUATIC PROTOCOL

Moderation: Aguero C (Paraguay Venous Association, PARAGUAY)

Hereos K (Leuven Clinic, BELGIUM)

Massari L (director Orthopaedics Unit, University of Ferrara, ITALY)

Pittman C (American Vein Lymphatic Society, USA)

11.30 – 11.40 **Aquatic environment applied to venous-lymphatic drainage**

Vitale M (University of Parma, ITALY)

11.40 – 11.55 Multi-specialty & open discussion

(Dorigatti F (**CARDIOLOGY**), Mandini S (**PHYSICAL EXERCISE SCIENCE**))

11.55 - 12.05 **Evidence-based Hydro-FE phlebo-lymphology protocol**

Menegatti E (University of Ferrara, ITALY)

12.05 – 12.20 Multi-specialty open discussion

(Avruscio GP (**ANGIOLOGY**), Gallo G (**PROCTOLOGY**))

12.20 12.30 **Edema management in vein-lymphatic patients**

DeVoogt N (Leuven Clinic, BELGIUM)

12.30 – 12.40 Multi-specialty & open discussion

(Osti L (**ORTHOPAEDICS**), Shingale F (**LYMPHOLOGY**))

12.40 – 12.50 **Balneology Association of North America: the (aquatic) future is now**

Coplin M. (North America Balneology Association secretary)

12.50 – 13.00 Discussion & take home messages

Maisetti A (Stile Compresso Patient Association founder)

Goranova E (Balkan Venous Forum, BULGARIA)

Lazarashvili Z (Georgia Angiology & Vasc Surg Society, GEORGIA)

13.00-13.30 CME questionnaires and certificates delivery*

**in order to obtain the CME and certificates, the attendees must take part in the workshop planned from May 25 to 27.*

Science Per Aquam

the HANDS-ON



SUN, May 25
26
27
28

Attendees will be divided in groups of max 5, rotating every 30 min, from May 25 to 28.

All hands-on must be attended to obtain the Science Per Aquam certificate.

Station 1: ULTRASOUND

Master: Neuhardt D / Stoughton J

CONTENT: Notions all health professionals should have about how an appropriate vein-lymphatic ultrasound scanning should look like.

Station 2: SCIENCE PER AQUAM

Masters: Pagani A (University of Ferrara)

CONTENT: Description and practical demonstration of the aquatic protocol that has been validated for vein-lymphatic drainage. This activity will be the only one delivered with all attendees together, in the Capo Nord Hotel Pool, on May 26 at 6.30 pm

Station 3: SCLEROTHERAPY AND VENOUS DEVICES

Master: Giancesini S (University of Ferrara) / Chi YW (University of California Davis, USA)

CONTENT: Notions all health professionals should have about the correct indications on mini-invasive treatment for chronic venous disease.

Station 4: GRADUATED COMPRESSION

Master: Shingale F (Shingale Clinic)

CONTENT: Notions all health-professionals should have on graduated compression use. Hands-on demonstration included.

Station 5: VENOUS ACTIVE DRUGS

Master: Lazarashvili Z (Georgia Association of Angiology and Vascular Surgery)
Rial R (Complutense University, SPAIN)

CONTENT: notions all health professionals should have on validated venous active drugs use.

Station 6: POSTURAL ANALYSIS

Master: Bottaro M, Chimera A (Posture experts)

CONTENT: notions all health professionals should have on postural analysis