

VITAL sum up instructions



for

V-ITALy USERS

1. V-ITALy is an unconventional scientific & educational global project, engaging Top Experts from **all around the world**.
2. Main task is to identify what is **VITAL everybody knows** about the most recent literature and what is **VITAL the scientific community will produce** as new research lines.
3. The mission is accomplished by a **pre-congress analysis** of Key Opinion Leaders **recorded presentations** and a **on-site global round table** among Experts from all around the world.
4. A **scientific work** will be **published** following the sum up of the digital and onsite global experts sharing.
5. **World Renown Experts** have been already **involved**.
6. **Everybody can apply to submit** one or more recorded presentations in the related **pre-congress digital library** (<https://vwinfoundation.com/v-italy/>) so to be included in the **Global Faculty**.
7. **Selected presentations** will be **commented during the Congress**.
8. **Workshops, advisory boards** and **hands-on** will be available all days.
9. **Companies** are invited to provide the industry perspective on **met & unmet needs**.
10. **Teambuilding** activities will be **included**.

DOMAINS:

- | | |
|----------------------------|--------------------------------|
| 1. VEIN-LYMPHATIC BURDEN | 7. VENOUS ULCER |
| 2. VENOUS DIAGNOSTICS | 8. VENOUS DRUGS |
| 3. VENOUS PROCEDURES | 9. COMPRESSION |
| 4. DEEP VENOUS | 10. LYMPHEDEMA & LIPEDEMA |
| 5. PELVIC VENOUS DISORDERS | 11. SCLEROTHERAPY / AESTHETICS |
| 6. VENOUS THROMBOSIS | 12. SPORT/LIFE-STYLE/NUTRITION |

THINK
OUTSIDE
THE BOX



global educational digital & editorial project



Dear **V-ITALy Faculty**,

By this mail we would like to describe the **engagement features** of V-ITALy 2023 educational, digital & editorial project.

In a rapidly evolving world, we have learnt the importance of **constantly adapting** and **innovating** formats, so to **exponentially maximize** the educational opportunities.

For this reason, rather than occupying the vast majority of the in person stage time with frontal lectures, we thought about providing **educational experience** already **BEFORE the meeting starts**, by including invited and **selected talks** from Key Opinion Leaders and Experts from all around the world in the open access v-Learning **digital library**.

In the month before V-ITALy congress, all the world will enjoy the opportunity to learn from the uploaded lectures on **what is VITAL we all know** of the current literature and what is **VITAL we develop as future research lines**.

During the meeting, **some top lectures will be given on stage**, while the vast majority of the time will be used to **favour round table discussions** among experts, **triggered by specifically selected presentations** from the digital library.

The results of the Experts discussions will be included in the material **dedicated Working Groups** will use to publish a **related Scientific Document**.

The following pages include the **12 Domains** the document will deal with.

Every Domain reports **specific issues** the Experts are invited to deal with by means of their presentations and discussions.

All the Colleagues from all around the world can take an **active first line part** by submitting presentations (<https://vwinfoundation.com/albarella-program/>) on the issues reported in the following pages. **Submission deadline: March 25**. v-WIN scientific committee will select the contributions worthy to be included in the digital library and eventually discussed on stage by KOLs.

Major Honorary Lectures will be also included in the **on stage performances**, including the one of prof. **Guyatt Gordon**, top representative of the Guidelines GRADE Group, first user of the term "**evidence-based**" (https://en.wikipedia.org/wiki/Gordon_Guyatt): "**VITAL**" concept of this **project**.

Looking forward for **VITAL V-ITALy days** of **scientific** and **social** sharing, we remain at your disposal.

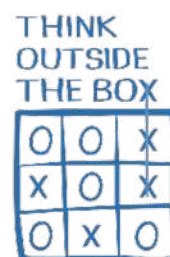
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Domain **1** : VEIN-LYMPH DISEASE BURDEN



digital contributions from

Key Opinion Leaders

1. Vein disease burden
2. Lymphedema burden
3. Lipedema burden
4. Thrombo-embolism burden
5. Pelvic venous disorder burden
6. Phlebo-lymphedema news

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Domain **2**:DIAGNOSTICS



digital contributions from
Key Opinion Leaders

1. Superficial venous diagnostics
2. Perforators assessment
3. Deep venous diagnostics
4. Pelvic venous disorder assessment
5. Leg Ulcer evaluation
6. Lymphedema/Lipedema assessment

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Domain **3**: SUPERFICIAL PROCEDURES

digital contributions from

Key Opinion Leaders



1. Thermal Tumescent
2. Non-Thermal Non-Tumescent
3. Thermal Non-Tumescent
4. Sclerotherapy
5. Surgery
6. Innovative devices

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Domain **4**: DEEP VENOUS



digital contributions from
Key Opinion Leaders

1. Catheter-directed thrombolysis
2. Pharmaco-mechanical thrombolysis
3. Deep venous stenting
4. Deep venous surgery
5. Post-thrombotic syndrome management
6. Vascular malformations management

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Domain **5**: PELVIC VENOUS DISORDER

digital contributions from

Key Opinion Leaders



1. Pelvic Venous Disorder pathophysiology
2. Pelvic Venous Disorder diagnostic criteria
3. Pelvic Venous Disorder invasive management
4. Pelvic Venous Disorder conservative management
5. Male Pelvic Venous Disorder
6. Pelvic Venous Disorder & Physical activity

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Domain **6**: VENOUS THROMBOSIS



digital contributions from
Key Opinion Leaders

1. Venous thrombosis pathophysiology
2. Pharmacologic options for venous thrombosis
3. Superficial venous thrombosis management
4. Distal thrombosis management
5. Pelvic Venous Disorder & thrombosis
6. Venous thrombosis management protocols

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Domain **7**: VENOUS ULCER



digital contributions from
Key Opinion Leaders

1. Ulcer pathophysiology
2. Ulcer patient reported outcome
3. Advanced dressings
4. Innovative woundhealing procedures
5. Woundcare cost-effectiveness
6. Ulcer patients compression protocols

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Domain **8**: VENOUS ACTIVE DRUGS



digital contributions from
Key Opinion Leaders

1. Venous active drugs mechanism of action
2. Venous active drugs timing & dosage
3. Venous active drugs in periprocedural time
4. Venous active drugs effect on CVD related QoL
5. Venous active drugs: validated vs not validated
6. Venous active drugs for multi-specialty management (hemorrhoidal disease, pelvic venous disorder, thrombo-inflammation, etc)

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Domain **9**: GRADUATED COMPRESSION



digital contributions from

Key Opinion Leaders

1. Compression mechanism of action
2. Compression Stockings
3. Adjustable Compression Wraps
4. Intermittent Pneumatic Compression
5. Bandages
6. Innovative compression

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Domain **10**: LYMPHEDEMA/LIPEDEMA



digital contributions from

Key Opinion Leaders

1. Lymphedema / Lipedema pathophysiology
2. Lymphedema / Lipedema conservative treatment
3. Lymphedema / Lipedema invasive treatment
4. Lymphedema / Lipedema outcome measures
5. Lymphedema / Lipedema management cost-effectiveness
6. Lymphedema / Lipedema lifestyle

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Domain **11**: SCLEROTHERAPY/AESTHETICS



digital contributions from
Key Opinion Leaders

1. Sclerotherapy basic science
2. Sclerotherapy safety
3. Sclerotherapy clinical results
4. Devices for sclerotherapy
5. Aesthetic laser innovations
6. Devices & techniques claiming aesthetic phlebo-lymphology benefit

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Domain **12**: LIFESTYLE/SPORT/NUTRITION



digital contributions from

Key Opinion Leaders

1. Vein-lymphatic health during travels
2. Obesity impact on vein-lymphatic health
3. Vein-lymphatic health during pregnancy
4. Vein-lymphatic health in working places h
5. Sport for vein-lymphatic healt
6. Nutrition for vein-lymphatic health

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May 25-27, 2023

ITALy '23



VITAL steps
in Vein & Lymphatic care

- ✓ Revolutionary
- ✓ Informal
- ✓ Top experts
- ✓ Top sharing
- ✓ Teambuilding
- ✓ Advisory

Global educational digital & editorial project