

May 25-27, 2023

VITAL steps in Vein & Lymphatic care

> Science Per Aquam Course (May 28)

non-profit educational digital & editorial project



to identify V-ITAL steps forward in Vein & Lympahtic care 1 T A L y'23



it's V-ITALy !

In a constantly evolving technological world, being updated on the available improvements is **VITAL**.

This is particularly true whenever dealing with healthcare innovations which require expertise together with proper evidence-based validation.

Following this need, along the years **venous-lymphatic World International Network (v-WIN)** foundation has developed a global non-profit educational project focusing on three main lines of action:

1. Experts-oriented analysis of similarities & controversies in Vein & Lymphatic international guidelines (*v*-*WINter* 2019 project, *https://pubmed.ncbi.nlm.nih.gov/31495256/*).

2. Patients-oriented consensus on evidence-based fake-news free vein-lymphatic communication

(v-WINter 2022 project, <u>https://vwinfoundation.com/fake-news-free-project/</u>).

3. Moral interaction between Scientific Organizations and Industry representatives for increasing awareness on Certification & Regulatory aspects

(TRUE CARE project <u>https://vwinfoundation.com/true-care/</u>).

Primary endpoint of v-ITALY 2023 project is to gather together top Experts from all continents and top professionals from different sectors to analyse the met and unmet needs in Vein & Lymphatic practice, reaching out to the global community of Vein & Lymphatic health professionals, as well as to the patients, identifying the "VITAL" steps forward for a proper advancement of Vein & Lymphatic care.

The project will lead to the submission of a **scientific paper** and to the creation of an **open access digital platform**, including the topic discussed by the experts and open channels of interaction for both health professionals and patients.

"VITAL" interactions will be welcomed in v-ITALY 2023.

Sergio Gianesini University of Ferrara (ITALY) v-WIN foundation President

Unter

Oscar Bottini Universitdad de Buenos Aires (ARGENTINA) v-WIN foundation Honorary President

Yung-Wei CHI UC Davis (USA) v-WIN foundation Scientific Director

Morld renowned Experts &

DIGITAL, PRINTED & PRESENTIAL multilingual platform

Public

ITALy'23



timeline value of the second s

Scientific Program: AT A GLANCE



	May 25	May 26	May 27
7.30		v-WIN Global Projects Synergy	International Multi-Specialty
08.00	Team Building	@ breakfast	Global Projects Synergy @ breakfast
08.30		Superficial Venous SURGERY & DEVICES advancements	open Data from the O perating R oom
09.00 09.30			Take A Seat with the KOLs coffee
10.00			break
10.30			Sclero And Foam Enhancement
11.00		Take A S eat with the K OLs coffee break	
11.30	Lunch Opening Ceremony Hon Lecture: Quality of Life	Graduated Compression Advancements	In Venous Veritas from FRANCE, ITALY, PORTUGAL, SPAIN
12.00			
12.30			
13.00	Medical Education Drives Innovation	Food for Veins Lunch	Food for Veins Lunch
14.00		Hon Lecture: Sclero 2047	Hon Lecture: Guidelines
14.30	Hon Lecture: the ENDOTHELIAL LAB we should know		Thrombosis &
15.00	Take A Seat with the KOLs coffee break		Deep Venous advancement
15.30	G.P.S. Guiding Prescription by Science	Improvement break Thanks to	Take A Seat with the KOLs coffee break
16.00			Diagnostic Ultra Science &
16.30		Take A S eat with the K OLs coffee break	Best Decision making
17.00	Results Along the Years	Venous Active Drugs Advancements	Selected Evidence Based Comments from the world
17.30			UIP is here for U
18.00 18.30	WORKSHOPS, Advisory Boards Lagoon Walk	WORKSHOPS Advisory Boards Lagoon Walk	CLOSING CEREMONY

2023 V-ITALyscientific program



08-11 TEAM BUILDING

8.00 transfer to the playground field
8.30-09.30 Let's kick CVD international soccer match
8.30-09.30 Let's dunk DVR international basketball match
09.30-10.00 official teamwork picture
10.00-11.00 transfer to meeting venue & refresh

11.30 LUNCH OPENING CEREMONY

12.00-12.10 the VITAL rationale () 12.10-12.20 the VITAL auspices () 12.20-12.26 the VITAL support () 12.26-12.30 the VITAL audience ()

12.30-12.40 Honorary Lecture:

Patients Reported Outcome: homeworks, tips & tricks for the next decade Launois R (French Society of Health Economics, FRANCE)

12.40-12.45 Honorary comment: (, PORTUGAL)

12.45-12.55 Audience free comments

13.00 – 14.30 MEDI: Medical Education Drives Innovation

Moderators: (N AM), (EUR), (EUR), (MID EAST), (ASIA)

13.10-13.20 The phlebo-lymphology PRESENT we live in (TBC)

- 13.20-13.30 Expert discussant (, EUR) & open discussion
- 13.30-13.40 Technical aspects we would like all the HCP KNOW (TBC) 13.40-13.50 Expert discussant (, USA) & open discussion
- 13.50-14.00 The Phlebo-Lymphology FUTURE we would like to see (TBC)
 - 14.00-14.10 Expert discussant (, ASIA) & open discussion
- 14.10-14.15 MEDI award presentation (TBD)

14.15-14.20 Discussant: (FRANCE)

14.20-14.25 Moderators final remarks.

14.30-14.40 Honorary Lecture **the ENDOTHELIAL LAB we should know** Diaz J (Vanderbilt University, USA) 14.10-14.15 **Honorary comment**: (, USA) 14.15-14.25 Audience free comments

15.00 – 15.30 TASK: Take A Seat with the KOLs coffee break

15.30 –17.00 G.P.S. Guiding Prescription by Science
Moderators: (N AM), (LATAM), (EUR), (EUR), (ASIA)
15.35-15.45 Indication to superficial venous procedure ()
15.45-15.48 Expert insight (, UAE)
15.50-16.00 Indication to deep venous stenting (, TURKEY)
16.00-16.03 Expert insight (, INDONESIA)
17.03-17.11 Indication to compression and/or venous active drugs (, USA)
16.11-16.16 Expert insight (ROMANIA)
16.16-16.21 Open Discussion
16.21-16.26 Moderators final remarks.

THR, May 25 FRI, May 26

17.00 – 18.30 ALFASIGMA: THE Results Along the Years Moderators: (N AM), (S AM (EUR), (EUR-ASIA), (ASIA)
17.10-17.20 The phlebo-lymphology PRESENT we live in (TBC) 17.20-17.28 Expert discussant (, N AM) & open discussion
17.30-17.40 Technical aspects we would like all the HCP KNOW (TBC) 17.40-17.48 Expert discussant (, EUR)) & open discussion
17.50-18.00 The Phlebo-Lymphology FUTURE we would like to see (TBC) 18.00-18.08 Expert discussant (, ASIA) & open discussion
18.10-18.15 ALFASIGMA award presentation (TBD) 18.15-18.20 Expert discussant: (ROMANIA)
18.20-18.25 Moderators final remarks.
18.25-18.30 Audience discussion

18.30 – 19.30 DEDICATED WORKSHOPS

19.30 Ca'Tiepolo Dinner

2023 V-ITALY FRIDAY

07.30-08.30 Starting off on the right foot @ breakfast (v-WIN global synergy projects presentation) Moderators: (S AM), (N AM), (EUR), (ASIA)

> 07.35-07.40 **v-WIN past, present & future** (, ITALY) 07.40-07.45 Open discussion (, BRAZIL) 07.45-07.50 **In Venous Veritas project** (, FRANCE) 07.50-07.55 Open discussion (, MALAYSIA) 07.55-08.00 **v-HELP next step** (, TRINIDAD) 08.00-08.05 Open discussion (L, C RICA) 08.05-08.10 **Vein Week call** (, PARAGUAY) 08.10-08.15 Open discussion (, MEXICO) 08.15-08.25 Open discussion

08.30 - 11.00 SUPERFICIAL VENOUS TREATMENTS ADVANCEMENTS

Moderators: (S AM), (N AM), (AFRICA), (EUROPE), (ASIA)

Sum up of the Pre-congress on demand **T**riggering **O**pportune **P**hlebo-lymphology **lectures**. **Evidence-based state of the art & future research needs of**:

- 08.40 08.47 **SCLEROTHERAPY** (, AUSTRALIA)
 - 08.49-08.56 VEIN SURGERY
 - (*,* SPAIN)
 - 08.58-09.05 ENDOVENOUS LASER ABLATION
 - (, LATVIA)
 - 09.07-09.14 RADIOFREQUENCY
 - (, THAILAND)
 - 09.16 09.23 **GLUE**
 - (*,* USA)
 - 09.25 09.32 MOCA & innovative devices (, ITALY)
- 09.32 10.42 Selection of VITAL topics received in the V-ITALy survey (, PERÙ)

09.42-10.45 OPEN ROUND TABLE (Expert starters:)

10.45-11.00 Moderators wrap up



11.00 – 11.30 TASK: Take A Seat with the KOLs coffee break

11.30 – 13.00 GRADUATED COMPRESSION ADVANCEMENTS

Moderators: (N AM), (S AM), (EUR), (ASIA)

Sum up of the Pre-congress on demand Triggering Opportune Phlebo-lymphology lectures. Evidence-based state of the art & future research needs of GRADUATED COMPRESSION in

- 11.40-11.47 OCCUPATIONAL, LIFESTYLE & SPORT (, ITALY) 11.49-11.56 VEIN-LYMPHATIC SYMPTOMS & SIGN CONTROL (, JAPAN) 11.58-12.05 PERIPROCEDURAL SETTING (, USA) 12.07-12.14 THROMBOSIS MANAGEMENT (, ITALY) 12.16-12.23 LYMPHEDEMA (, POLAND) 12.25-12.32 ADJUSTABLE WRAPS USE (, USA)
- 12.32-12.42 **Selection of VITAL topics** received in the V-ITALy survey (, BRAZIL)
- 12.42-12.55 OPEN ROUND TABLE (Expert starters)
- 12.55-13.00 Moderators wrap up
- 13.00-14.00 Food for Veins Lunch
- 14.00 14.10 Honorary Lecture: Sclerotherapy 2047: the future we'd like to see Parsi K (International Union of Phlebology, PRESIDENT) 14.10-14.15 Honorary comment: (, ITALY) 14.15-14.25 Audience free comments

14.30-15.30 **SIGVARIS: S**cience & **I**nnovation in **G**lobalization Moderators: (N AM), (EUR), (EUR), D (MID EAST), (ASIA)

14.35-14.43 **The phlebo-lymphology PRESENT we live in** (TBC) 14.43-14.48 Open discussion (, N AMERICA)

14.50-14.58 Technical aspects we would like all the HCP KNOW (TBC)

14.58-15.03 Open discussion (, EUROPE)

- 15.03-15.11 **The Phlebo-Lymphology FUTURE we would like to see** (TBC) 15.11-15.16 Open discussion (, N.AMERICA-ASIA)
- 15.16-15.21 Open Discussion
- 15.21-15.25 Moderators final remarks.

15.30 – 16.30 **V**ein management Improvement **T**hanks to **A**ctivation of Legslators Moderators: (Italian Board of Physicians (EUR),

(EURASIA), (EUR-MID EAST), (ASIA)

15.40-15.45 Vein-lymphatic misinformation CLINICAL impact (, ITALY) gslators FRI, May 26

SAT, May 27

15.45-15.53 Expert insight (, Italian Superior Institute of Health)

15.55-16.00 Vein-lymphatic misinformation LEGAL impact (, Italian Ministry of Justice delegate, ITALY)

16.00-16.08 Expert insights (Georgia Ministry of Health delegate)

16.10-16.15 **CODE: "appropriateness"** (, USA)

- 16.15-16.23 Expert insights (, United Nations Communication Committee, USA)
- 16.23-16.28 Open discussion
- 16.28-16.30 Moderators final remarks

16.30 – 17.00 TASK: Take A Seat with the KOLs coffee break

17.00 - 18.30 VALIDATED VENOUS ACTIVE DRUGS

Moderators: (N AM), (EUR), (AFRICA), (ASIA)

Sum up of Pre-congress on demand Triggering **O**pportune **P**hlebo-lymphology **lectures**. **Evidence-based state of the art & future research needs of Venous Active Drugs for:**

- 17.10 17.17 EARLY DISEASE & PROGRESSION MANAGEMENT (, USA)
- 17.19 17.26 VEIN-LYMPHATIC SYMPTOMS & SIGN CONTROL (, PORTUGAL)
- 17.28 17.35 **PERIPROCEDURAL MANAGEMENT** (, SPAIN)
- 17.37 17.44 THROMBOSIS MANAGEMENT (, TURKEY)
- 17.46 17.53 MULTI-SPECIALTY MANAGEMENT (, ITALY)
- 17.53 18.03 **Selection of VITAL topics** received in the V-ITALy survey (, BRAZIL)

18.03-18.25 OPEN ROUND TABLE (starters:)

18.25-18.30 Moderators wrap up 18.30 – 19.30 DEDICATED WORKSHOPS 19.30 Lagoon Dinner

2023 V-ITALY SATURDAY

07.30-08.30 **Starting off on the right foot @ breakfast** (International Societies global synergy projects presentation) Moderators: Grillo L (S AM), Serralde J (N AM), Neaume N (EUR), Sharipov A (ASIA)

07.35-07.40 Near East North Africa (NeNa) projects (Lazarashvili Z, GEORGIA) 07.40-07.45 Open discussion (starter: Josnin M, FRANCE)
07.45-07.50 All Latam Engagement project (Bottini O, ARGENTINA) 07.50-07.555 Open discussion (starter: Rial R, SPAIN) 07.55-08.00 International free projects presentation (Starter:, C RICA) 08.00-08.20 Open discussion 08.20-08.25 Wrap up

FRI, May 26 SAT, May 27

08.30 – 09.30 MEDTRONIC OPEN: Data from the Operating Room Moderators: (N AM), (EUR), (MID EAST), (ASIA) 08.35-08.43 The phlebo-lymphology PRESENT we live in (TBC) 08.43-08.48 Expert discussant (, EUR) 08.50-08.58 Technical aspects we would like all the HCP KNOW (TBC)

08.58-09.03 Expert discussant (, N AM)

09.03-09.11 **The Phlebo-Lymphology FUTURE we would like to see** (TBC) 09.11-09.16 Expert discussant (, ASIA)

09.16-09.21 Open Discussion

09.21-09.25 Moderators final remarks.

09.30 – 10.00 TASK: Take A Seat with the KOLs coffee break

10.00 – 11.30 Sclero And Foam Enhnacement

Moderators (LATAM), (N AM), (EUR), (ASIA)

10.10-10.20 Sclerotherapy safety & efficacy: TODAY EVIDENCE (, USA) 10.20-10.30 Expert discussant (, LATAM) & open discussion

10.30-10.40 **Physician compounded vs automated foam production** (, SPAIN) 10.40-10.50 Expert discussant (, SPAIN) & open discussion

10.50-11.00 Sclerotherapy delivery innovations (, ITALY)

11.00-11.10 Expert discussant (, MIDDLE EAST) & open discussion

11.10-11.25 Open discussion

11.30 –13.00 In Venous Veritas from EUROPE to the WORLD *Clinical hot truths & unmet needs we usually don't share*

Moderators: (LATAM), (N AM), (EUR), (ASIA)

11.35-11.40 Project rationale ((ITA), (FRA))

11.40-11.48 CEAP classification...of what ? (, PORTUGAL)

11.48-11.55 Expert discussant (, N AM) & open discussion

11.57-12.05 Best periprocedural vein procedures thromboprophylaxis (, FRANCE) 12.05-12.12 Expert discussant (, LATAM) & open discussion

12.14-12.22 Thoracic Outlet Syndrome: evidence vs best practice (, ITALY) 12.22-12.29 Expert discussant (, AFRICA) & open discussion

12.31-12.39 Deep venous procedures best outcome measures (, SPAIN) 12.39-12.46 Discussant: (ASIA)

12.46-13.00 Moderators final remarks.

13.00–14.00 Food for Veins Lunch

14.00 – 14.10 Honorary Lecture:

international guidelines in everyday national practice: difficulties & opportunities Guyatt G (GRADE co-chair, McMaster University, CANADA) 14.10-14.20 Honorary comment: (, USA)

14.20-14.30 Audience free comments

14.30 – 15.30 **THROMBOSIS & DEEP VENOUS advancement** Moderators: (S AM), (N AM-EUR), (EUR-M EAST), (ASIA)

Sum-up of Pre-congress on demand

Triggering Opportune Phlebo-lymphology lectures.

Evidence-based state of the art & future research needs of:

- 14.30-14.37 THROMBOTIC RISK ASSESSMENT (, USA) 14.39-14.46 THROMBOPROPHYLAXIS
 - (, BRAZIL)
- 14.48-14.55 VENOUS STENTING (, UK) 14.57-15.04 PELVIC VENOUS DISORDER MANAGEMENT (, SINGAPORE)
- 15.06-15.13 VASCULAR MALFORMATIONS MANAGEMENT (, USA)

15.13-15.18 Selection of VITAL topics received in the V-ITALy survey (, BRAZIL)
15.18-15.28 Open discussion
15.13-15.23 Moderators wrap up

15.30 – 16.00 TASK: Take A Seat with the KOLs coffee break

16.00-17.00 **Ultra Science technology & Best Deep decision making** Moderators: (N AM), (C AM), (EUR), (EUR-ASIA), (ASIA)

16.10-16.18 Deep venous ultrasound knowledge (, N AM)
16.20-16.28 Best Deep decision making (, GREECE)
16.28-16.48 Open discussion
16.48-16.58 Moderators wrap up

17.00-17.30 Selected Evidence Based Comments from the world Moderators: (N AM), (S AM), (EUR), (EUR-ASIA)

17.30-18.30 UIP is here for U ..& all specialties

Moderators: (UIP Executive Committee))

17.35-17.43 Presidential address

(Parsi K, AUSTRALIA)

17.45-17.53 Thromboprophylaxis: the BACKBONE of ORTHOPAEDIC synergy (Lurie F, USA)

17.53-17.58 Authoritative insight (Massari L, ITALY)

18.00-18.08 Pelvic venous disorder: GENDER EQUALITY OBGYN synergy

(Lazarashvili Z, GEORGIA)

18.08-18.13 Authoritative insight (Tarlatzis B, GREECE)

18.08-18.30 UIP is here for U

Open comments, questions, criticisms and proposals to the Executive Committee & the Engagement Working Group

18.30-19.00 Medical & Industry Award Ceremony 20.00 Vein Dance Dinner



Science Per Aquam

diving into VEIN-LYMPHATIC health



Sunday, May 28, 2023 Albarella Island, ITALY

for professionals involved in healthcare, rehab & wellness interested in phlebo-lymphology care

course

with CME credits





Science Per Aquam



VISION

«SALUS Per Aquam» (SPA) too often remains an empirical activity rather than an evidence-based one. Too often synergy among different specialties is lacking in what could be the enhancement of the significant benefits the aquatic environment can bring.

«Science Per Aquam» is an academic international initiative focused on scientific data production and dissemination, functioning as a hub around public health education insights, related to the different medicine fields, with a primary attention to vein-lymphatic drainage.

MISSION

SCIENCE Per Aquam mission is achieved by theoretical and practical courses around the world, showcasing a model of national and international collaboration among different specialties professionals.

Main focus of May 28 event will be venous and lymphatic disease, in particular regarding the related edema management.

Moreover, an insight in the technical hydrotherapy aspects will provide the possibility for the attendees to actively prescribe this useful therapeutic tool. An active engagement of the General and Multi-specialty Medicine will allow the enhancement of the learning opportunity, both at a national and international level.

Theoretical and Practical sessions will enrich both health care professionals and population knowledge on such an important topic.



more info: info@vwinfoundation.com

09-09.30 coffee & registration 09.30 – 09.45 Opening & Project Rationale ()



SUN, May

09.45-11.00 VEIN-LYMPHATIC MUST KNOW MODERATORS: (, LATAM) (, ASIA), (, EUR) (Stanford University, USA) 09.45 – 09.55 Vein Hemodynamics applied to the musculo-skeletal system (, USA) 09.55 – 10.05 Lymphology MUST KNOW principles (, POLAND) 10.05 – 10.20 Multi-specialty & open discussion ((PHYSIATRY), (OBGYN)) 10.20 – 10.30 Graduated compression MUST KNOW principles (, JAPAN) 10.30 – 10.40 Vein-care Procedural and Pharmacology MUST KNOW principles (, ITALY) 10.40 – 11.00 Multi-specialty & open discussion ((GENERAL MED), (PNEUMOLOGY)) 11.00 – 11.20 Coffee Break 11.30 – 13.00 HYDRO-FE AQUATIC PROTOCOL Moderation: (, PARAGUAY) (, BELGIUM) (, ITALY) (, USA) 11.30 –11.40 Aquatic environment applied to venous-lymphatic drainage (, ITALY) 11.40 – 11.55 Multi-specialty & open discussion (CARDIOLOGY), (PHYSICAL EXERCISE SCIENCE) 11.55 - 12.05 Evidence-based Hydro-FE phlebo-lymphology protocol (, ITALY) 12.05 –12.20 Multi-specialty open discussion ((ANGIOLOGY), (PROCTOLOGY) 12.20 12.30 Edema management in vein-lymphatic patients (, BELGIUM) 12.30 – 12.40 Multi-specialty & open discussion ((ORTHOPAEDICS), (LYMPHOLOGY)) 12.40 –12.50 Balneology Association of North America: the (aquatic) future is now (North America Balneology Association) 12.50 – 13.00 Discussion & take home messages (Stile Compresso Patient Association founder) (, BULGARIA) (, GEORGIA) 13.00-13.30 CME questionnaires and certificates delivery* *in order to obtain the CME and certificates, the attendees must take part in the workshop planned from May 25 to 27.



Science Per Aquam SUN, May

the HANDS-ON

Attendees will be divided in groups of max 5, rotating every 30 min, from May 25 to 28.

All hands-on must be attended to obtain the Science Per Aquam certificate.

Station 1: ULTRASOUND

Master:

CONTENT: Notions all health professionals should have about how an appropriate vein-lymphatic ultrasound scanning should look like.

Station 2: SCIENCE PER AQUAM

Masters:

CONTENT: Description and practical demonstration of the aquatic protocol that has been validated for vein-lymphatic drainage. This activity will be the only one delivered with all attendees together, in the Capo Nord Hotel Pool, on May 26 at 6.30 pm

Station 3: SCLEROTHERAPY AND VENOUS DEVICES

Master:

CONTENT: Notions all health professionals should have about the correct indications on mini-invasive treatment for chronic venous disease.

Station 4: GRADUATED COMPRESSION

Master:

CONTENT: Notions all health-professionals should have on graduated compression use. Hands-on demonstration included.

Station 5: VENOUS ACTIVE DRUGS

Master:

CONTENT: notions all health professionals should have on validated venous active drugs use.

Station 6: POSTURAL ANALYSIS

Master:

CONTENT: notions all health professionals should have on postural analysis





By this invitation to join v-ITALY event we deeply hope to invite all of you also to be part of an educational, editorial and networking "VITAL" project dedicated to the evidence-based understanding of where Vein and Lymphatic practice is and where it should go. This "VITAL" need will be accomplished once again only thanks to the moral and productive teamwork involving representatives of the highest scientific community, of the most reliable companies and of the non-health professionals, all together dedicated to the best patient care advancement. The digital experience developed along the last years will allow the reaching out to all the continents and communities. The in person engagement of the most renowned key opinion leaders will foster professional and personal growth, in particular during the three days of presential interaction. "If we want to know our present, we need to look at our past. If we want to know our future, we need to look at our present actions": following this vision, in the present actions we are delighted to come back to Albarella Island, venue of the v-WIN 2017 6th international interuniversity meetin

https://vwinfoundation.com/press-gallery/, perfect site for analysing together what science has produced in the last years and what it should generate in the near future. Looking forward for days of "VITAL" medical education and social sharing, we'll be waiting for you with open arms at v-ITALY.

Sergio Gianesini University of Ferrara (ITALY) v-WIN foundation President

Oscar Bottini Universitdad de Buenos Aires (ARGENTINA) v-WIN foundation Honorary President

Yung-Wei CHi UC Davis (USA) v-WIN foundation Scientific Director







Not for profit, ONLUS

www.vwinfoundation.com info@vwinfoundation.com t. +393498012304