



Science Per Aquam
diving into VEIN-LYMPHATIC health
Saturday, April 1, 2023
for
health professionals
& population
with CME credits

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VEIN WEEK



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SCIENTIFIC PROGRAM

09-09.30 coffee & registration

09.30 – 09.40 Opening

Avruscio GP (director Angiology unit, University of Padova)

Borman P (Hacettepe University, TURKEY)

Lazarashvili Z (International Union of Phlebology, vice-president, GEORGIA)

Noce F (Triveneto Physician Board, president)

Rosckson S (Stanford University, USA)

09.45-11.00 **LEGS: highway to the HEART**

09.45 – 09.55 **Chronic venous disease: the evolution price**

Gianesini S (PHLEBO-LYMPHOLOGY)

09.55 – 10.10 Multispecialty insights

(Boldrin L (GENERAL MEDICINE), Coppola C (OBGYN),

Furini F (REUMATHOLOGY), Wang J (Vascular, CHINA))

10.10 – 10.20 Open discussion (Barone P (GEN MED), population question)

10.20 – 10.30 **Cardiology notions all physicians should have**

Dorigatti F (CARDIOLOGY)

10.30 – 10.45 Multispecialty insights

(Menon F (GENERAL MEDICINE), Leoni S (ENDOCRINOLOGY),

Scarmignan S (ANTALGIC THERAPY), Chi YW (Vascular, USA))

10.45 – 11.00 Open discussion (first question from the population)

11.00 – 11.20 Coffee Break

11.30 – 13.00 **VEIN-LYMPHATIC TREATMENT SYNERGIES**

Moderators : Campisi C (Campisi Clinic, ITALY), Carraro U (Clinical Head, Abanomed),

Massari L (director Orthopaedics Unit, University of Ferrara, ITALY)

Zanasi A (University of Bologna, ITALY)

11.30 –11.40 **Evidence-based hydrotherapy phlebo-lymphology protocol**

Menegatti E (MOTOR SCIENCES)

11.40 – 11.55 Multispecialty insights

(Cortella A (GENERAL MEDICINE), Mandini S (MOTOR SCIENCES),

Mampreso E (NEUROLOGY), Bottini O (Vascular, ARGENTINA))

11.55 – 12.05 Open discussion (Lupi L (SURGERY), population question)

12.05 –12.15 **Compression in Post-trauma edema: state of the art**

Shingale F (LYMPHOLOGY)

12.15 – 12.30 Multispecialty insights

(Boschetto G (ANESTHESIA), Osti L (ORTHOPEDICS),

Torresani S (GENERAL MEDICINE), Redman L (Vascular, SOUTH AFRICA))

12.30 – 12.40 Open discussion (Evarchi T (NURSING), second question from the population)

12.40 –12.47 **Evidence-based need in Balneology**

Coplin M (Balneology Association of North America, USA)

12.47 – 13.10 Discussion & take home messages

Campisi C (Catania University, ITALY), Szuba A (Wraclow University, POLAND)

Calò M (General Medicine Course Coordinator, Cesena, ITALY)

Rodio F (Abanomed Chief Administrative Executive , ITALY)

13.15-14.30 lunch



The PRATICAL AFTERNOON

Attendees will be divided in groups of max 5, rotating every 30 min.

Station 1: ULTRASOUND

Master: Avruscio GP (University of Padova)

CONTENT: Notions all health professionals should have about how an appropriate vein-lymphatic ultrasound scanning should look like.

Station 2: SCIENCE PER AQUAM

Masters: Menegatti E, Pagani A (University of Ferrara)

CONTENUTO: Description and practical demonstration of the aquait protocol validated for vein-lymphatic drainage.

Station 3: SCLEROTHERAPY AND VENOUS DEVICES

Master: S. Giancesini (Università di Ferrara)

CONTENT: Notions all health professionals should have about the correct indications on mini-invasive treatment of chronic venous disease.

Station 4: GRADUATED COMPRESSION

Master: Shingale F (Shingale Clinic)

CONTENT: Notions all health-professionals should have on graduated compression use. Hands-on demonstration included.

Station 5: VENOUS ACTIVE DRUGS

Master: Lazarashvili Z (Georgia Association of Angiology and Vascular Surgery)

CONTENT: notions all health professionals should have on validated venous active drugs use.

Station 6: POSTURAL ANALYSIS

Master: Bottaro M (Posture expert)

CONTENT: notions all health professionals should have on postural analysis



Science Per Aquam



VISION

«**Salus Per Aquam**» too often remains an empirical activity rather than an evidence-based one. Too often synergy among different specialties is lacking in what could be the enhancement of the significant benefits the aquatic environment can bring.

«**Science Per Aquam**» is an academic international initiative focused on scientific data production and dissemination, functioning as a hub around public health education insights related to the different medicine fields, with a primary attention to vein-lymphatic drainage.

MISSION

Science Per Aquam mission is achieved by theoretical and practical courses around the world, showcasing a model of **national** and **international** collaboration among different specialties professionals.

Main focus of April 1 event will be **venous** and **lymphatic disease**, as they affect more than half of the adult population, therefore representing a topic of **large public awareness** need.

Moreover, an insight in the **cardiovascular** risk associated with the venous disease will be made possible thanks to the direct involvement of the Cardiology expert.

An active engagement of the **General** and **Multi-specialty Medicine** will allow the enhancement of the learning opportunity, both at a national and international level.

Theoretical and **Practical** sessions will enrich both health care professionals and population knowledge on such an important topic.

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