

in Venous-lymphatic Veritas consensus document

Leg venous and lymphatic alterations represent pathological conditions highly present in the population and often underdiagnosed and inadequately managed. **Fake information** is too easily found in the communication media. The present document includes **10 validated statements** per each and everyone of the **12 main topics** related to venous & lymphatic disease. This document is the result of an international consensus developed by **69 scientific societies and institutions**, by **more than 150 top experts**, from **83 Nations**. Related **scientific references** and **educational content** are available in depth, in **multiple languages** and for both health professionals and population at the following website:

www.vwinfoundation.com/fake-news-free-project/

A full scientific manuscript will be published in **International Angiology Journal**.

VEIN-LYMPAHTIC DISEASE BURDEN

1. More than 50% of the adults can present leg vein and/or lymphatic issues.
2. A clot in a leg vein (*thrombosis*) represents a leading cause of preventable death.
3. In swollen legs both vein and lymphatic drainage must be properly assessed.
4. Venous issues are among the main causes of lymphatic impairment.
5. Aesthetic treatment of leg veins must always be preceded by a careful assessment also of the deeper veins by a specialist.
6. Venous ulceration affects more than 1% of the population and it must be promptly and properly assessed by a vascular expert.
7. The venous thrombosis risk increases rapidly with the age
8. More than 50% of patients experiencing a leg thrombosis might develop complications in the following years.
9. More than ¼ thrombosis cases recur at 10 years from the first event.
10. Up to 8% of the population presents genetic predisposition to thrombosis.

NO FAKE NEWS in Veins & Lymphatic

HEALTH-PROFESSIONALS & PATIENT INFORMATION

