v-WIN  VENOline course

FOOD for VEINS – VEINS for FOOD
a globally renowned Faculty for
a global self-sustainable humanitarian project

DIAGNOSTIC

SUPERFICIAL VENOUS PROCEDURES

SCLEROTHERAPY

WOUND CARE

DEEP VENOUS PROCEDURES

COMPRESSION

VENOUS ACTIVE DRUGS

LYMPHATICS

PELVIC VENOUS DISORDERS

AESTHETIC LASER

ANTICOAGULATION

“Redefining vulnerability in the era of COVID-19”

Title & picture from
LANCET GLOB HEALTH 2020
1. **LOWER LIMB VENOUS DISEASE CLINICAL ASSESSMENT**
   A) Lower Limb Venous Patho-physiology (Davies A)
   B) Lower Limb Chronic Venous Disease Clinical Aspects (Gianesini S)
   C) Golden Rules in CVD management (Bottini O)
   D) 10 Golden Rules in CVD management (Gianesini S)

2. **LOWER LIMB VENOUS DISEASE SONOGRAPHIC ASSESSMENT**
   A) Superficial Venous System Ultrasound Scanning (Neuhardt D)
   B) Incidental findings at US venous scanning (Neuhardt D)
   C) Ilio-femoral Venous Obstruction US Scanning (Labropoulos N)
   D) Pelvic venous system ultrasound assessment (Labropoulos N)

3. **SUPERFICIAL VENOUS OPERATIVE OPTIONS**
   A) Phlebectomy: instructions for users (Kabnick L)
   B) Endovenous Thermal Tumescent (Kabnick L)
   C) Endovenous Non Thermal Non Tumescent (Gianesini S)
   D) Evidence-based data on recurrent varicose veins (Chi YW)
   E) Simultaneous Or Staged Varicose Vein Treatment (Raffetto J)

4. **SCLEROTHERAPY**
   A) Safety, indications & contraindications (Gianesini S)
   B) Sclerotherapy International Guidelines (Gianesini S)
   C) Aesthetic Sclerotherapy (Raymond-Martimbeau P)
   D) Tips & Tricks in ultrasound guided sclerotherapy (Gianesini S)

5. **WOUNDCARE**
   A) Patho-physiology (Raffetto J)
   B) Assessment of a patient with a venous ulcer (Gianesini S)
   C) Advanced dressings (Raffetto J)
   D) skin substitutes & skin grafting in hard to heal ulcers (Mosti G)

6. **DEEP VENOUS PROCEDURES**
   A) How to manage deep venous thrombosis (Lurie F)
   B) Stenting: “must know” notions (Narayanan S)
   C) 10 golden rules (Narayanan S)
   D) Post-thrombotic syndrome (Urbanek T)
7. **COMPRESSION**
   A) “Must know” principles (Mosti G)
   B) Graduated Compression guidelines (Gianesini S)
   C) Graduated Compression for PTS prevention (Gianesini S)
   D) Graduated Compression in healthy subjects (Gianesini S)

8. **VENOUS ACTIVE DRUGS**
   A) Mechanism of action (Mansilha A)
   B) Evidence-based data (Gianesini S)
   C) Instructions for users (Urbanek T)
   D) Topicals (Gianesini S)

9. **LYMPHATICS**
   A) Lymphedema Patho-physiology (Lee BB)
   B) Lymphedema – Lipedema diagnosis & management (Rockson S)
   C) 10 golden rules in lymphedema management (Rockson S)
   D) Surgical options for lymphedema (Rockson S)

10. **PELVIC VENOUS DISORDERS**
    A) Pelvic reflux diagnosis (Whiteley M)
    B) Pelvic reflux management (Khilnani N)
    C) Therapeutic options (Lazarashvili Z)
    D) Tips & tricks (Lazarashvili Z)

11. **AESTHETIC LASER FOR TELEANGECTASIA**
    A) Indications, contraindications, future directions (Jindal R)
    B) Instructions for users (Sanriago F)
    C) Cryo-Laser Cryo-Sclerotherapy: technical notes (Miyake K)
    D) Periorbital vein laser treatment: state of the art (Goldman M)

12. **ANTICOAGULATION**
    A) “Must know” basic science data (Diaz J)
    B) Heparin: instructions for users (Liew NC)
    C) How to manage deep vein thrombosis (Lurie F)
    D) Prophylaxis in phlebology setting (Caprini J)
    E) DOAC: instructions for users (Ramacciotti E)
RATIONALE
Proper venous & lymphatic management requires a deep knowledge of both the theoretical concepts and of the practical technical aspects. v-WIN VENOOnline course offers the opportunity of reviewing the most recent evidence-based recommendations, while enjoying fundamental instructions for everyday “users” of the vein clinic. A special focus is dedicated to the 360° approach to the patient, with dedicated lectures on diagnostics, operative strategies, sclerotherapy, compression, venous active drugs, lymphatic management and anticoagulation. Aesthetic phlebology is covered in depth as well, including both sclerotherapy and laser approaches. The remote educational experience (RECORDED VIDEO LESSONS + WEBINARS) is completed with direct accessibility of the world renowned international experts who are available for answering questions of the course attendees and even for practical experiences in their offices.

INTERNATIONAL FACULTY
Delegations of Scientific societies from all around the world will be involved. The following world renowned experts deliver also video lessons in a dedicated educational platform:
- Bottini Oscar (Buenos Aires University, ARGENTINA)
- Caprini Joseph (University of Chicago, USA)
- Chi Yung Wei (University of California Davis, USA)
- Davies Alun (Imperial College London, UK)
- Diaz José (Vanderbilt University, USA)
- Gasparis Antonios (Stony Brook University, USA)
- Giansini Sergio (University of Ferrara-ITALY)
- Goldman Mitchel (University of California, San Diego)
- Jindal Ravul (Punjab University, INDIA)
- Kabnick Lowell (American Venous Forum, USA)
- Labropoulos Nicos (Stony Brook University, USA)
- Lazarashvili Zaza (Georgian Association of Angiologists and Vascular Surgeons, GEORGIA)
- Lee Byung Bong (George Washington University, USA)
- Liew Ngoh Chin (Putra University, MALAYSIA)
- Lurie Fedor (Jobst Vascular Institute, USA)
- Mansilha Armando (Porto University, PORTUGAL)
- Miyake Kasuo (Miyake Clinics, BRAZIL)
- Mosti Giovanni (International Compression Club, ITALY)
- Narayanan Sriram (Asian Venous Forum, SINGAPORE)
- Neuhardt Diana (American Vein Lymphatic Society, USA)
- Raffetto Joseph (Harvard University, USA)
- Rockson Stanley (Stanford University, USA)
- Santiago Fabricio (IDVL, Brazil)
- Urbanek Tomasz (Silesia University, POLAND).

TECHNICAL NOTES VIDEOS & LIVE WORKSHOPS
World renowned experts are available for recording technical notes videos and for performing live procedures with trainees involving the following techniques:

FOOD for VEINS, VEINS for FOOD
Corona Virus pandemic, the associated containment and related lack of work have been exasperating the poverty of many developing countries, thus severely worsening even the alimentary sources of the lowest social classes (LANCET 2020:”Redefining vulnerability in the era of COVID 19”). v-WIN PHLEBOnline course is available for free to all health professionals, so providing “food for thoughts” on venous topics (FOOD FOR VEINS). In return, v-WIN foundation kindly suggests the trainees to devote the income of one venous treatment per month to recognized not for profit organization dedicated to food programs for developing countries (VEINS for FOOD).