

# v-WIN PHLEBO<sub>n</sub>line course

FOOD for VEINS – VEINS for FOOD  
*a globally renowned Faculty for  
a global self-sustainable humanitarian project*

DIAGNOSTIC

SUPERFICIAL VENOUS PROCEDURES

SCLEROTHERAPY

WOUNDCARE

DEEP VENOUS PROCEDURES

COMPRESSION

VENOUS ACTIVE DRUGS

LYMPHATICS

PELVIC VENOUS DISORDERS

AESTHETIC LASER

ANTICOAGULATION



“Redefining vulnerability  
in the era of COVID-19”  
*Title & picture from*  
LANCET GLOB HEALTH 2020



v-WIN



foundation, ONLUS

[www.vwinfoundation.com](http://www.vwinfoundation.com)

# PRELIMINARY PROGRAM

## 1. LOWER LIMB VENOUS DISEASE CLINICAL ASSESSMENT

- A) Patho-physiology (Davies A)
- B) Signs & symptoms (Gianesini S)
- C) Visit report (Bottini O)
- D) 10 golden rules (Gianesini S)

## 2. LOWER LIMB VENOUS DISEASE SONOGRAPHIC ASSESSMENT

- A) Setting the machine (Neuhardt D)
- B) Superficial venous system assessment (Neuhardt D)
- C) Deep venous system assessment (Labropoulos N)
- D) 10 golden rules (Labropoulos N)

## 3. SUPERFICIAL VENOUS OPERATIVE OPTIONS

- A) Strategy planning & technique (Khilnani N)
- B) Phlebectomy: instructions for users (Kabnick L)
- C) Endovenous Thermal Tumescent (Kabnick L)
- D) Endovenous Non Thermal Non Tumescent (Gianesini S)

## 4. SCLEROTHERAPY

- A) Safety, indications & contraindications (Gianesini S)
- B) Therapeutic sclerotherapy (Chi YW)
- C) Aesthetic Sclerotherapy (Chi YW)
- D) Tips & tricks (Gianesini S)

## 5. WOUNDCARE

- A) Patho-physiology (Raffetto J)
- B) Advanced dressings (Raffetto J)
- C) Challenging cases & complications management (Mosti G)
- D) 10 golden rules (Gianesini S)

## 6. DEEP VENOUS PROCEDURES

- A) Patho-physiology (Gasparis A)
- B) Thrombolysis: “must know” notions (Gasparis A)
- C) Stenting: “must know” notions (Narayanan S)
- D) 10 golden rules (Narayanan S)

## 7. COMPRESSION

- A) “Must know” principles (Mosti G)
- B) Graduated Compression in chronic venous disease (Gianesini S)
- C) Graduated Compression in acute venous disease (Gianesini S)
- D) Graduated Compression in healthy subjects (Gianesini S)

## 8. VENOUS ACTIVE DRUGS

- A) Mechanism of action (Mansilha A)
- B) Evidence-based data (Gianesini S)
- C) Instructions for users (Urbanek T)
- D) Topicals (Gianesini S)

## 9. LYMPHATICS

- A) Lymphedema Patho-physiology (Lee BB)
- B) Lymphedema – Lipedema diagnosis & management (Rockson S)
- C) 10 golden rules in lymphedema management (Rockson S)
- D) Surgical options for lymphedema (Rockson S)

## 10. PELVIC VENOUS DISORDERS

- A) Pathophysiology (Urbanek T)
- B) Diagnostic protocol (Urbanek T)
- C) Therapeutic options (Lazarashvili Z)
- D) Tips & tricks (Lazarashvili Z)

## 11. AESTHETIC LASER FOR TELEANGECTASIA

- A) Indications, contraindications, future directions (Jindal R)
- B) Instructions for users on available devices (Gianesini S)
- C) Cryo-Laser Cryo-Sclerotherapy: technical notes (Miyake K)
- D) Periorbital vein laser treatment: state of the art (Goldman M)

## 12. ANTICOAGULATION

- A) “Must know” basic science data (Diaz J)
- B) Heparin: instructions for users (Liew NC)
- C) DOAC: instructions for users (Caprini J)
- D) Prophylaxis in phlebology setting (Caprini J)

# RATIONALE

Proper venous & lymphatic management requires a deep knowledge of both the theoretical concepts and of the practical technical aspects. v-WIN PHLEB-Online course offers the opportunity of reviewing the most recent evidence-based recommendations, while enjoying fundamental instructions for everyday “users” of the vein clinic. A special focus is dedicated to the 360° approach to the patient, with dedicated lectures on diagnostics, operative strategies, sclerotherapy, compression, venous active drugs, lymphatic management and anticoagulation. Aesthetic phlebology is covered in depth as well, including both sclerotherapy and laser approaches. The remote educational experience is completed with direct accessibility of the world renowned international experts who are available for answering questions of the course attendees and even for practical experiences in their offices.



## INTERNATIONAL FACULTY

Delegations of Scientific societies from all around the world will be involved. The following world renowned experts deliver also video lessons in a dedicated educational platform:

[Bottini Oscar](#) (Buenos Aires University, ARGENTINA), [Caprini Joseph](#) (University of Chicago, USA), [Chi Yung Wei](#) (University of California Davis, USA), [Davies Alun](#) (Imperial College London, UK), [Diaz Josè](#) (Vanderbilt University, USA), [Gasparis Antonios](#) (Stony Brook University, USA), [Gianesini Sergio](#) (University of Ferrara-ITALY), [Goldman Mitchel](#) (University of California, San Diego), [Jindal Ravul](#) (Punjab University, INDIA), [Kabnick Lowell](#) (American Venous Forum, USA), [Labropoulos Nicos](#) (Stony Brook University, USA), [Lazarashvili Zaza](#) (Georgian Association of Angiologists and Vascular Surgeons, GEORGIA), [Liew Ngoh Chin](#) (Putra University, MALAYSIA), [Lee Byung Bong](#) (George Washington University, USA), [Mansilha Armando](#) (Porto University, PORTUGAL), [Miyake Kasuo](#) (Miyake Clinics, BRAZIL), [Mosti Giovanni](#) (International Compression Club, ITALY), [Narayanan Sriram](#) (Asian Venous Forum, SINGAPORE), [Neuhardt Diana](#) (American Vein Lymphatic Society, USA), [Raffetto Joseph](#) (Harvard University, USA), [Rockson Stanley](#) (Stanford University, USA), [Urbanek Tomasz](#) (Silesia University, POLAND).

## TECHNICAL NOTES VIDEOS & LIVE WORKSHOPS

World renowned experts are available for recording technical notes videos and for performing live procedures with trainees involving the following techniques:

1) [Endovenous Laser](#) 2) [Radiofrequency](#) 3) [Glue](#) 4) [Sclerotherapy](#) 5) [Device-assisted Sclerotherapy](#) 6) [Laser & sclerotherapy aesthetic treatments](#) 7) [Woundcare](#) 8) [Venous Surgery](#)

## FOOD for VEINS, VEINS for FOOD

Corona Virus pandemic, the associated containment and related lack of work have been exasperating the poverty of many developing countries, thus severely worsening even the alimentary sources of the lowest social classes (LANCET 2020: “*Redefining vulnerability in the era of COVID 19*”). v-WIN PHLEBOnline course is available for free to all health professionals, so providing “food for thoughts” on venous topics ([FOOD FOR VEINS](#)). In return, v-WIN foundation kindly suggests the trainees to devolve the income of one venous treatment per month to recognized not for profit organization dedicated to food programs for developing countries ([VEINS for FOOD](#)).



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